

# INFORMATION LEAFLET - MYCOPULM

## Food supplement – capsules

**With the strength and synergy of a carefully balanced complex of rare mushrooms and herbal extracts. According to the Five Element Regeneration concept®, Mycopulm belongs to the element of Metal and strengthens the lungs and the large intestine.**

### INGREDIENTS IN 1 CAPSULE:

extract of black wood ear (*Auricularia auricula-judae*) 134 mg, plant-based capsule (HPMC) 120 mg, extract of umbrella polypore (*Polyporus umbellatus*) 112 mg, extract of couch grass (*Elymus repens*) 90 mg, extract of velvet shank (*Flammulina velutipes*) 78 mg, extract of dang shen (*Codonopsis pilosula*) 56 mg, stabilizer – magnesium salts of fatty acids.

### RECOMMENDED USE:

1 capsule 3x per day. Take the capsules for 3 weeks, then take a 1-week break. Increase your liquid intake while taking this product. Do not exceed the recommended daily dose!

### WARNING:

Not intended for use by children. Consult your physician before using this product if you are pregnant or breastfeeding. Food supplements are not a substitute for a varied and balanced diet.

**STORAGE:**

Store in a dry place, away from direct sunlight, at temperatures between 10 and 25°C. Protect from freezing temperatures. Keep out of reach of children.

**BEST BEFORE:**

See date on the box and the blister pack.

**TOTAL WEIGHT OF 1 CAPSULE:**

620 mg

**CONTENTS:**

90 capsules

**PRODUCER:**

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